



Lingleville Youth Sports, Inc

Basketball Rules 2024 Season

K-2nd Grade Division

- **8 FT Goals**
- **No zone defense**
- **Defense must pick up at half court**
- **No wristbands**
- **Players can not seal on the dribble but can steal a dead ball**
- **4-6 Minute Quarters**
- **Clock stops at time outs and free throws. At the two-minute mark for each half the clock will stop at every whistle**
- **Free substitutions, each player must play 8 minutes**
- **In the event of a tie, 1–3-minute overtime will be played**
- **Half time is 5 minutes**
- **Basketball size 28.5**

3rd and 4th grade Division

- 10 ft Goals
- Man or zone defense allowed
- Full court defense is allowed in the last 2 minutes of each half and at all times during any overtime period. If a team is up by 20 points, Then no Full court defense will be allowed by the leading team
- Boys shoot regulation free throw
- Girls shoot free throw at the first hash mark
- Game will be 4–8-minute quarters
- Clock stops at time outs and free throws. At the two-minute mark for each half the clock will stop at every whistle
- Free substitutions, each player must play 12 minutes each game
- In the event of a tie 1–3-minute overtime will be played
- Half time is 5 minutes
- Basketball size 28.5

5TH and 6TH Grade division

- 10 ft Goal
- Man and zone defense allowed
- Full court press allowed entire game unless up by 20 points-If a team is up by 20 points, then no full court defense will be allowed by the leading team
- The game will be 4–8-minute quarters
- Clock stops at the time outs and free throws, At the two-minute mark for each half the clock will stop on every whistle
- Free substitutions, each player much play 12 minutes each game
- In the event of a tie, 1–3-minute overtime will be played
- Halftime will be 5 minutes
- Basketball size Girls 28.5 and Boys 29.5